

# Speak for Yourself

## Steps to Success



A Guide to Accessing Further and  
Higher Education for Disabled Students

# Confused about accessing education?



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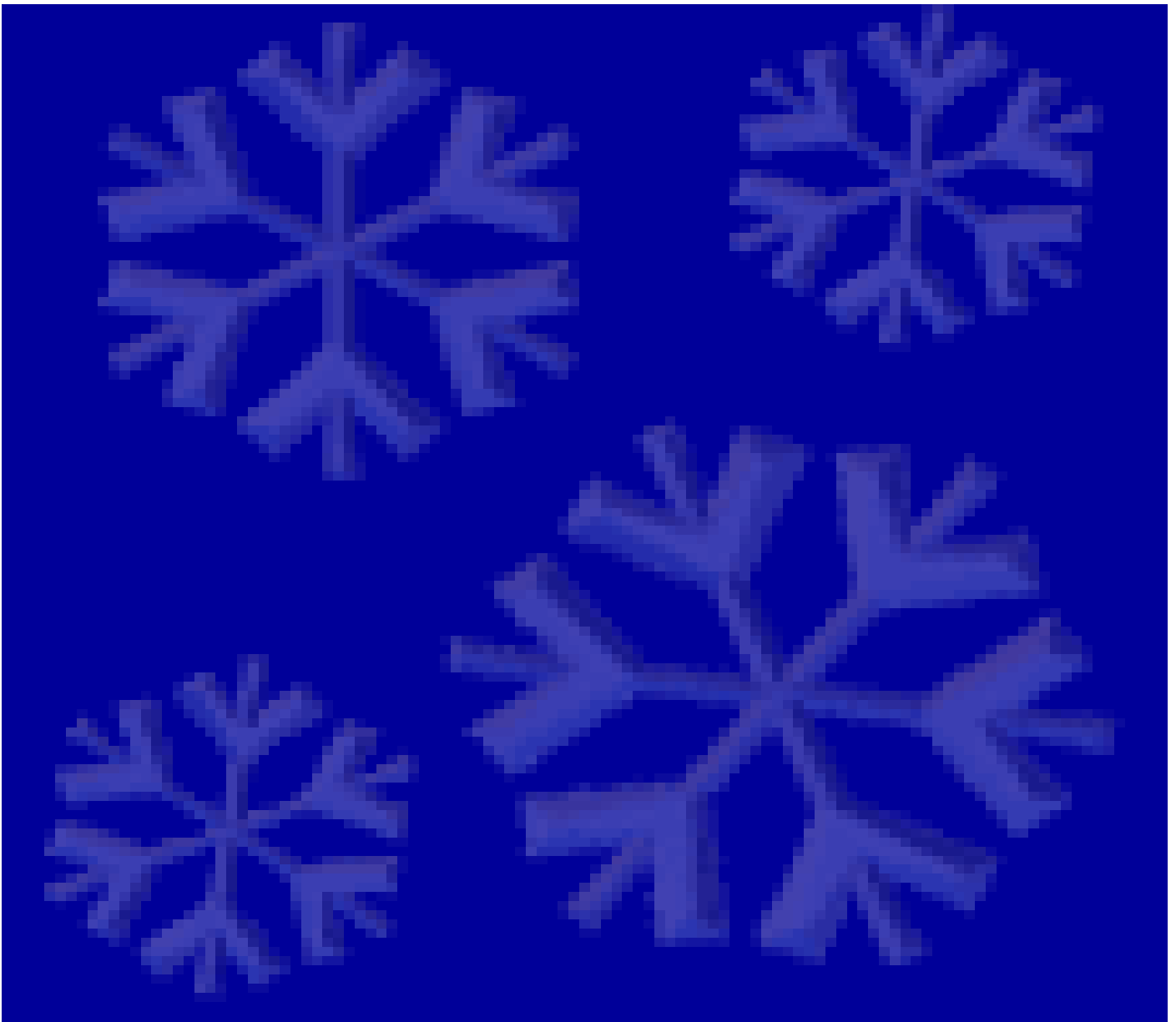
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## Introduction

People are like snowflakes; there are never two alike, and the same applies to our disabilities. Some may fall into similar categories, but this doesn't necessarily mean we have the same needs. Each of us is unique, and cope with our disability in a very different way. You are the only one who knows what makes you feel comfortable and safe. When it comes to embarking upon a Higher or Further Education course, the biggest mistake you can make is automatically expecting the University or College to know what your individual needs are and how to cater for them. You have to start taking responsibility for yourself, and realise that you can't get something in life without asking for it.

The majority of Colleges and Universities require you to undergo an assessment of need so that they understand the support required more fully. Having this assessment also may allow you to apply for Disabled Student Allowance. After assessing your needs and support requirements, the College or University will strive to make reasonable adjustments to suit you. They will supply you with as much or as little support as you wish to have.

This booklet aims to provide a basic layout of what Universities and Colleges may be able to do for people with various disabilities. Remember, help is available; all you have to do is ask!



# **Speak for Yourself**

## **Access statement**

The authors recognise that many students, whether disabled or otherwise, have individual needs when accessing further education. However, we also recognise that for some students, the nature of their disabilities may mean that they experience specific difficulties related to accessing education, and the physical environment. As part of the ongoing commitment to the delivery of an inclusive educational service, we have compiled this guide in cooperation with Lead Scotland and local Colleges and Universities to ensure that disabled students receive the same standards of education as non disabled students.

## **Purpose of this Publication**

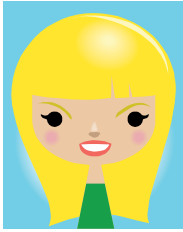
- ◆ To provide prospective students with information on how to access educational services.
- ◆ To provide information on how inclusion of disabled students is attained.
- ◆ To highlight the legal obligations of staff and the educational establishment.
- ◆ To direct prospective students towards the policies regarding disabled students.
- ◆ To advise on what constitutes disability discrimination.
- ◆ Encourage educational providers to adopt effective policies and practices towards disabled students to aid them to maximise their potential.
- ◆ To encourage effective implementation and monitoring of policies and practices.

This statement is in light of the DDA 1995 as Amended in 2005 and SENDA.

Look through each section of this booklet to find the support available for you and your individual requirements:-

- ◆ Hidden Disabilities
- ◆ Learning Difficulties
- ◆ Long Term Health
- ◆ Memory Facts and Memory Aids
- ◆ Sensory Impairments
- ◆ Mental Health
- ◆ Physical Disabilities

# Is Higher/Further Education for me?



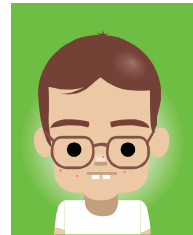
I didn't get enough support at school.

I was forced to speak and felt very uncomfortable.



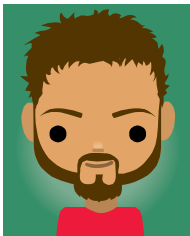
No one understood I had difficulty hearing

I couldn't see the board.



I was slow at learning letters and numbers.

I was often off school ill and found it hard to catch



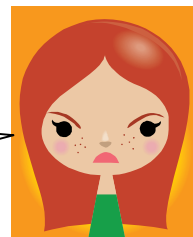
I was laughed at and made to feel stupid for not being able to concentrate.

I had to take medication in front of the class.



Because I'm in a wheelchair, I wasn't treated equally.

How do we know we won't be let down



Can we get the support required to suit our *individual* needs?

**YES, you can!**

Read this booklet to find out



## Hidden Disabilities



I have been diagnosed with a hidden disability. Is there help available for me?

Yes, there is help for you. Read below for more info.



Problems such as diabetes, cardiac problems and strokes are often overlooked when you hear the word 'disability'. However, these health problems can be classed as hidden disabilities.

Most Universities and Colleges are equipped to help people who have these difficulties.

Support that may be available

- ◆ A 'buddy'-this is someone, either taking the same course as you, or a support worker employed by the University or College. They can accompany you to your classes and help you take notes. They can help you as much or as little as you want. You may find it difficult to trust a 'buddy' and if you don't, then that's okay. The most important thing is that you feel comfortable and confident enough with their company; if you don't then you must speak out.
- ◆ Most Universities or Colleges offer disabled students a quiet area where you can go to relax or to take medication.
- ◆ Most faculties have a First Aid technician who, if you wish, can be given details of your disability so they know how to treat you in an emergency.

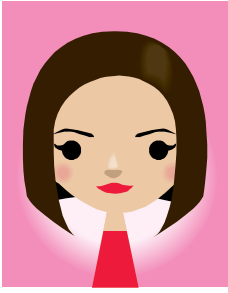


Any questions?

See the back of this booklet for useful links. Just **Ask!**



# Learning Difficulties



I have learning difficulties. Will Higher/Further Education courses be able to meet my needs?

Most Universities and Colleges are well equipped to help students with learning difficulties. Read on to see what help is available.



All too many people with learning difficulties are wary of Higher/Further education. Often, it is because primary or secondary education has not given them enough support and it is thought the same will apply to Universities or Colleges. This couldn't be further from the truth. The majority of Universities and Colleges welcome students with learning difficulties. They offer lots of support and are happy to aid them with their learning experience as much as they can.

Help available includes:

- ◆ A 'buddy'-this is someone, either taking the same course as you, or a support worker employed by the University or College. They can accompany you to your classes and help you take notes. They can help you as much or as little as you want. You may find it difficult to trust a 'buddy' and if you don't, then that's okay. The most important thing is that you feel comfortable and confident enough with their company; if you don't then you must speak out.
- ◆ A note taker-unlike a buddy, a note taker will not have any contact with you during class; unless you want them to. They will take notes for you, which can either be sent to you or you can collect them in person. They can also send you any tutorials or notes of lectures that you have missed.
- ◆ Most Universities and Colleges have specially designed software for students with learning difficulties. This software can help them manage their class notes and arrange them into a format which is easier to understand. There is also equipment available which 'reads out' the words for you.
- ◆ Lots of the lectures are available in an audio format, just ask.
- ◆ Scribes are available to help with homework and essay writing.



Have a question?

Why not ask!

Useful links are listed at the back of this booklet.



## Long Term Health Issues



Hi. I have a long term health problem. Is Higher/Further Education suited to me?

Yes, it is! There are lots of study options. The Faculty will cater to your changing health issues. Read on for more info.

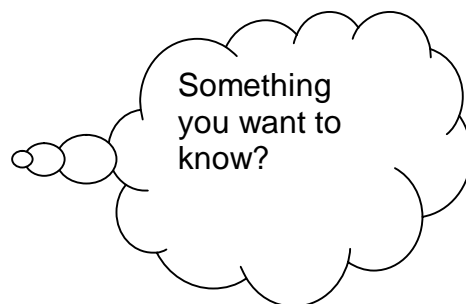


Being diagnosed with a long term health problem is sometimes a difficult thing to deal with. Many feel as though they are fit for nothing; least of all education. Higher/Further Education courses can seem too daunting to consider. You may think they are too demanding and fast paced for you to cope with - perhaps even your health will deteriorate as a result. However, there are so many options for someone with a long term health problem who wants to enter into Higher/Further Education. If you ask, Universities and Colleges will be more than willing to give you support and will adapt to your needs

Options and Support available for you:

- ♦ If you feel as though you don't have enough concentration or cannot dedicate yourself to full time study, not to worry. Many courses are available as part-time or as self study, which you can do online. For part time courses, classes are only held a few times a week, meaning you can have plenty of time to rest and recuperate in between lessons. Because self study courses are done at home, it allows you to learn at times which suit **you**.
- ♦ A 'buddy'- this is someone, either taking the same course as you, or a support worker employed by the University or College. They can accompany you to your classes and help you take notes. They can help you as much or as little as you want. You may find it difficult to trust a 'buddy' and if you don't, then that's okay. The most important thing is that you feel comfortable and confident enough with their company; if you don't then you must speak out.

- ♦ If a 'buddy' isn't for you, then you may be allowed to have your own carer-if you have one- accompany you to classes. It may help boost your confidence to have a familiar person with you. Whether you can do this or not depends on the University or College's policies. If you are unsure then ask.
- ♦ Many Universities and Colleges offer disabled students a quiet area where you can go to relax or to take medication.
- ♦ A note taker-unlike a buddy, a note taker will not have any contact with you during class; unless you want them to. They will take notes for you, which can either be sent to you or you can collect them in person. They can also send you any tutorials or notes of lectures that you have missed.
- ♦ If your health problems require you to use a wheelchair, then the facilities can be adapted to cater for you. Tell the University or College's Disability Service what facilities you would require.
- ♦ If you are living in Halls of Residence, then en suite facilities are available. Ask your University or College for details.
- ♦ If your health is deteriorating and you require more support, simply get in contact with the Disability Service at your place of learning; they will be more than happy to help.



See the back of this booklet for useful links.  
If in doubt, **Ask!**

# The Memory

## SHORT TERM MEMORY

A lecturer writes on the blackboard the following; your homework for today is to write an essay for next week on your favourite subject. The lecturer reads out the instruction. You have forgotten your homework diary, so you do not write it down, but you also didn't hear the instruction. You do not do your homework as you have forgotten the instruction.

WHY? You didn't retain the information long enough for various reasons

1. Your short-term memory has failed you
2. You weren't paying attention
3. You were not interested in the lesson.

The memory retains information better through sensory & emotional experience.

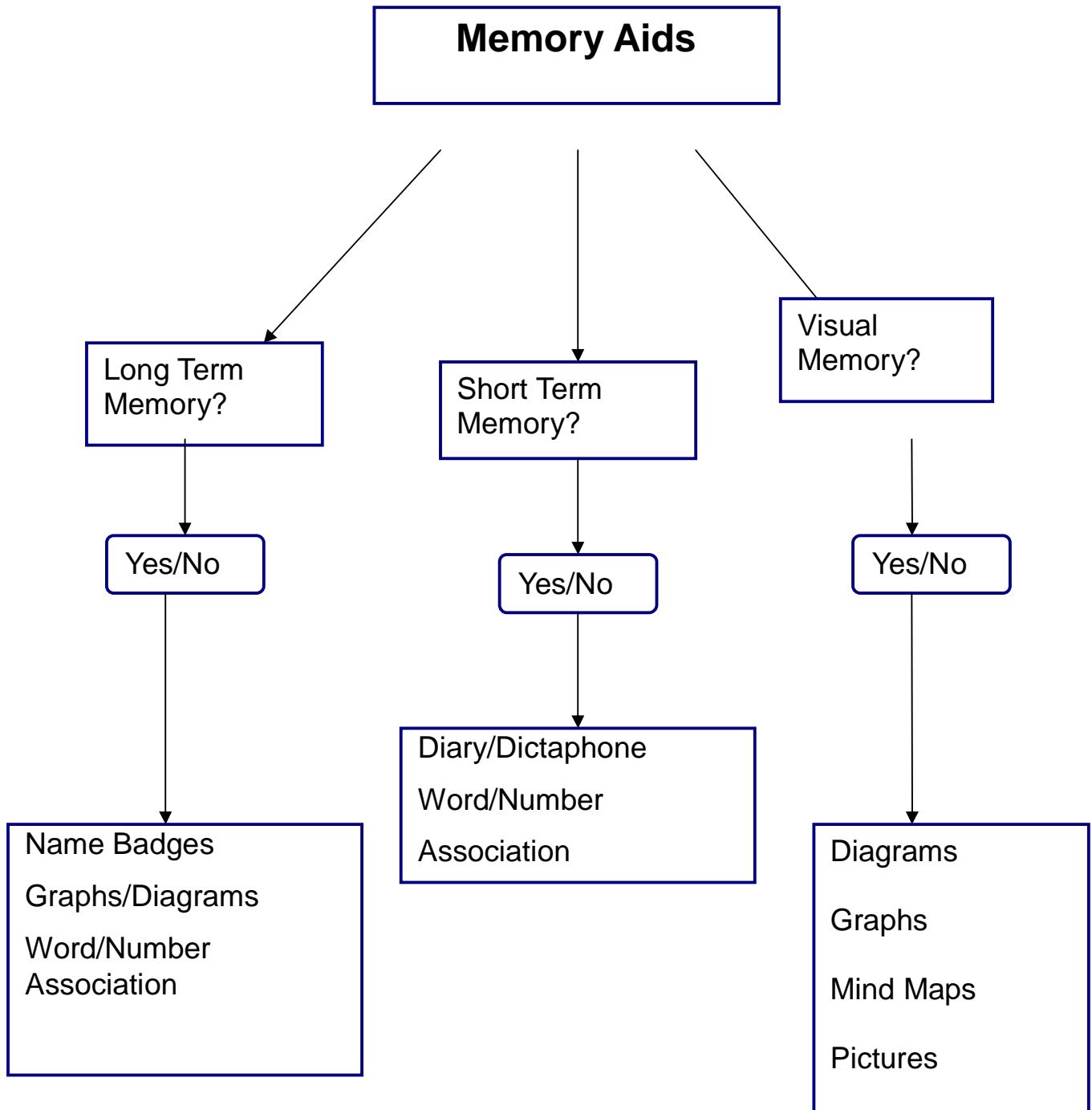
We use our senses e.g. EYES, EARS, TOUCH, to get information. Each is very personal and individual.

If we do not at first absorb an experience/information, then we have no chance of storing it.

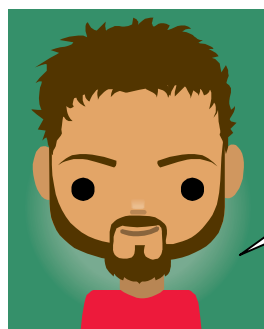
## SOLUTION

Ask for notes before the lesson

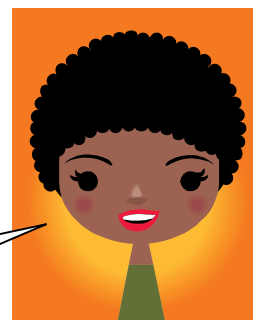




## Mental Health Issues



I have Mental Health Issues.  
Is there any support for me?



Of course there is! Read  
on to find out what help  
is available.

Mental Health issues can strike anyone at any time. The stigma attached with such problems may make you seem reluctant to ask for help, perhaps because of embarrassment, or fear that you will be refused entry into the course you want to study. This is not the case. Most Universities and Colleges have a positive attitude towards mental health issues, and welcome students with open arms. By getting in contact with the University or College's own Disability Service before your course starts, they can give you all the support and help you need to make your learning experience a pleasant one.

Support that may be available includes:

- ♦ A 'buddy'-this is someone, either taking the same course as you, or a support worker employed by the University or College. They can accompany you to your classes and help you take notes. They can help you as much or as little as you want. You may find it difficult to trust a 'buddy' and if you don't, then that's okay. The most important thing is that you feel comfortable and confident enough with their company; if you don't then you must speak out.
- ♦ If a 'buddy' isn't for you, then you may be allowed to have your own carer — if you have one—accompany you to classes. It may help boost your confidence to have a familiar person with you. Whether you can do this or not depends on the University or College's policies. If you are unsure then ask.
- ♦ A note taker-unlike a buddy, a note taker will not have any contact with you during class; unless you want them to. They will take notes for you, which can either be sent to you or you can collect them in person. They can also send you any tutorials or notes of lectures that you have missed.
- ♦ Many Universities and Colleges offer disabled students a quiet area where you can go to relax or to take medication.



Thought of a  
question?

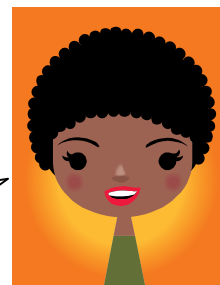
**Ask!**

For useful links, see the back of this booklet.

## Physical Disabilities



I have a physical disability. What sort of help will colleges/ universities offer me?

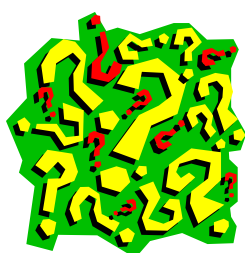


There is lots of help available to you. Read the information below to find out more.

If you have a physical disability, then it is common to feel apprehensive about Higher/Further education. This may be due to you not receiving enough support at primary or secondary school, maybe even feeling as though you were discriminated against because of your physical disability. However, colleges/universities aim to treat everyone with equal fairness. They will not discriminate and welcome students with physical disabilities, catering for their needs as much as they can.

### Help and support offered:

- ♦ A 'buddy'-this is someone, either taking the same course as you, or a support worker employed by the University or College. They can accompany you to your classes and help you take notes. They can help you as much or as little as you want. You may find it difficult to trust a 'buddy' and if you don't, then that's okay. The most important thing is that you feel comfortable and confident enough with their company; if you don't then you must speak out.
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- ♦ Many Universities and Colleges offer disabled students a quiet area where you can go to relax or to take medication.
- ♦ Most faculties have a First Aid technician who, if you wish, can be given details of your disability so they know how to treat you in an emergency.
- ♦ If your health problems require you to use a wheelchair, then the facilities can be adapted to cater for you. Tell the University or College's Disability Service what facilities you would require.
- ♦ Adapted accommodation is available. You will need to consult the College/University's Disabled Service so that they can find something that is suitable for your needs.



Do you have a question?

Don't be afraid to **Ask!**

Useful links located at the back of this booklet

# Accessibility

Access offered by colleges/universities includes



Reserved/marked parking spaces

Ramp Access



Tactile Paving and lowered kerbs at designated road crossings



Automatic doors



Transport





**Other facilities:**

- ♦ Accessible toilets
- ♦ Alert chains
- ♦ Hoists
- ♦ Adjustable height tables
- ♦ Flashing beacons in toilets and selected areas
- ♦ Alert chains in disabled toilets
- ♦ Audio information and Braille keys in lifts,
- ♦ Accessible gym and fitness room
- ♦ Automatic doors
- ♦ Minicom text telephone
- ♦ Accessible IT Centre with over 250 computers
- ♦ Accessible Student Refectory
- ♦ Accessible Student Common Room
- ♦ Designated parking spaces for students and
- ♦ Staff with disabilities
- ♦ Hoists
- ♦ Rest/quiet room.

**FE and HE also have a wide range of enabling and assistive technologies available to help students on their courses including:**

- ♦ Voice recognition systems (speech to text)
- ♦ CCTV (magnification of text)
- ♦ Computers with text to speech for reading handouts, texts etc
- ♦ Screen magnification software and split screen facility
- ♦ A range of switch input devices
- ♦ Alternative keyboards
- ♦ Braille printer
- ♦ Text-help – word prediction, speech out put, spell check
- ♦ PLATO – integrated, interactive learning system
- ♦ Cassette recorders/players
- ♦ Small word processors
- ♦ A range of assistive software
- ♦ Adjustable height tables
- ♦ Target skills.

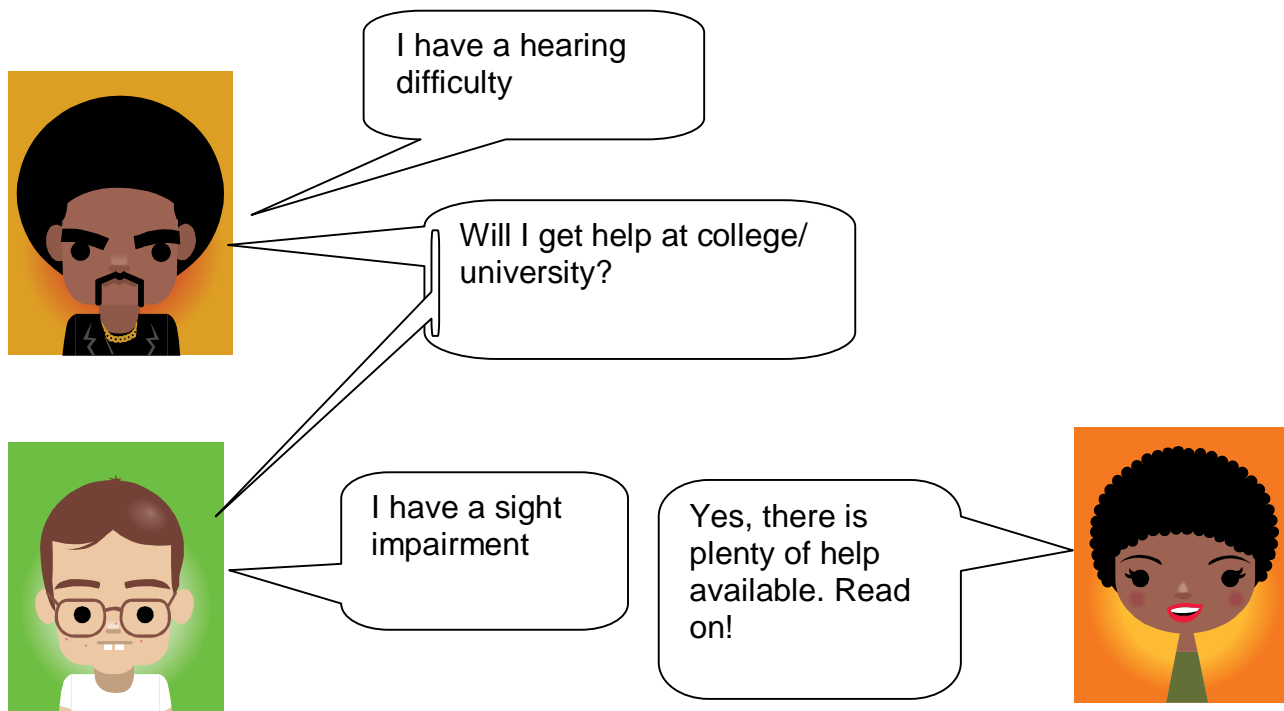
# *SENSORY IMPAIRMENT*



What Is Sensory  
Impairment?

**Sensory impairment is when one of your senses; sight, hearing, smell, touch, taste, and spatial awareness is impaired.**

## Sensory Impairment



Individuals who have a sensory impairment may be under the impression that their learning experience will be non-existent; that they will be unable to interact with the course at the necessary level. However, colleges and universities are working hard to give students with sensory impairments as much support as they want to help them settle successfully into higher/further education.

Help available includes:

- ◆ Service dogs are permitted at most faculties; however, health and safety issues may apply to certain courses. This is a matter which will need to be discussed with the College/University's Disabled Service before you start the course. If you have a service dog, toilet breaks, food and water will be arranged for your dog.
- ◆ A 'buddy'-this is someone, either taking the same course as you, or a support worker employed by the University or College. They can accompany you to your classes and help you take notes. They can help you as much or as little as you want. You may find it difficult to trust a 'buddy' and if you don't, then that's okay. The most important thing is that you feel comfortable and confident enough with their company; if you don't then you must speak out.
- ◆ If a 'buddy' isn't for you, then you may be allowed to have your own carer-if you have one-accompany you to classes. It may help boost your confidence to have a familiar person with you. Whether you can do this or not depends on the University or College's policies. If you are unsure then ask.
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- ♦ Many Universities and Colleges offer disabled students a quiet area where you can go to relax or to take medication.
- ♦ Lecture halls/classrooms are usually fitted with a loop system. Many colleges/universities offer you discreet hearing aids in case you don't want your class to know you have a hearing impairment.
- ♦ Adapted accommodation is available. You will need to consult the College/University's Disabled Service so that they can find something that is suitable for your needs.



Thought of something?

If you have a question,  
**Ask!**

**See the Useful Links at the back of this booklet !**



# F.A.Q's

## 10 Frequently Asked Questions and Answers

### **Q. Is my course available as part time/ flexi-time/ outreach/ self study or**



**A.** Many courses are available as one of the above. Part time/ flexi-time/ self study courses are usually offered by colleges. Virtual learning e.g. video conferencing can be set up with some colleges/ universities in conjunction with normal class timetables. Look in the college/ university prospectus/webpage for information on these types of courses, or contact them for more information.

### **Q. How accessible is the campus from where I stay?**



**A.** The location of the campus is usually very accessible, with buses, trains and major roads passing close by them. There is often a map of the campus location and information on how to reach it i.e. bus/train times, road routes at the back of the college/university prospectus. There will also be travel details in your enrolment pack.

### **Q. Can my carer travel with me and accompany me in my classes?**



**A.** This is a matter that must be discussed with the college/ university's Disabled Services. After you have been assessed, you can come up with a support plan to cater for your needs. Many colleges/universities allow you to take your own carer with you, based on how much support they think you require, if you do not feel comfortable with one of their assigned 'buddies'. Your Carer may be able to accompany you in class, as long as they do not disrupt the rest of the students.

**Q. Does my college or university offer a quiet area where I can rest/ take**



**A.** Most colleges/universities offer this facility. You should be told where it is situated in the campus, but if not then ask.

**Q. Are the desks and equipment accessible and within reach from a height**



**A.** Many desks are adjustable and equipment placed in an easy to reach area. If you have difficulty accessing equipment or if there is a problem with desk heights, consult the Disabled Service at your College/ University. They can usually arrange for a lower desk to be found and for equipment to be more accessible.

**Q. Do the University/College staff know about my disability/impairment?**



**A.** The University/College staff will only know as much as you want them to. During your assessment by the Disabled Service, you will be asked whether or not you want your lecturers to know about your disability. You can choose to tell them or not. If you decide not to tell them, please understand that then they may not be able to fully support your needs.

**Q. Are staff understanding and willing to help?**



**A.** The majority of staff help disabled students in a professional and non-judgmental manner. However, don't expect everyone to be accepting. Some staff can be of the opinion that they have enough on their plate teaching a multitude of different students and trying to overcome ethnic and language barriers, and do not want to have to keep an eye on a disabled student as well. They see them as an unnecessary burden. This information may make you a bit apprehensive about starting a further/higher education course, but don't be. Everyone comes up against a few negative attitudes in their lives-it's just a matter of ignoring them and getting on with things. Most staff are very understanding and more than happy to help out any way they can. Never let other people's opinions keep you from achieving your goals.

**Q. Would it be possible to vary my support based on my day to day capabilities, and whom do I turn to for daily support?**



**A.** Most Colleges/Universities work with you to create a support plan that is suited to your requirements. Contact their Disabled Service as soon as your needs change so that they can help as soon as possible. You can also contact them for daily support, or, if you have been assigned a 'buddy', they can support you through classes.

**Q. Will my service dog be allowed out for toilet breaks, have a place to eat and a fresh supply of water sitting at hand?**



**A.** If you require a service dog to accompany you, then your College/ University Disabled Service will consult your teaching faculty to arrange toilet breaks and food breaks for your dog. They will also make sure that there is a fresh supply of water available.

**Q. Am I entitled to class notes?**



**A.** Students tend to take their own class notes, although many lectures are available to view on the College/ University intranet. If you require someone to take class notes for you then get in contact with the College/ University's Disabled service where something will be arranged





## **My Education Experience**

I had to leave school at the age of fifteen with no qualifications what so ever. My intentions had been to stay on at school to get my O levels as I wanted to be a nurse. However, my dad was ill and unable to work so I was told I had to leave school and earn my keep; if I wanted to pursue my education I could always go to night school. My family believed I didn't need any qualifications because a woman's place was in the home, not out working. Once in employment, I had to pay my share of all the bills, bus fares to and from work, my meals at work and clothes, not only for myself but also my younger brother. By the time I had paid for everything there was no money left to attend night school. Not for a moment do I regret helping out in the home, but I did regret not having the schooling I craved. To me education is of prime importance and I strive to learn something new every day.

When I was diagnosed with having my disability and required a wheelchair, I thought it was the end of the world. I was angry at first; grieving for the life I had, but I soon found out it was far from the end- it was now a new beginning. I love basic maths and a friend asked if I would help him understand his numbers and show him how to do multiplication and division. We spent hours pouring over problems until one day it clicked and he was off, full of enthusiasm. He gained a promotion in his work and can now do quick sums in his head with hardly a mistake. It was thanks to him that I asked about becoming an adult basic education tutor. This is where I first learned of Lead Scotland and how they empowered disabled people to get into education. I thought this is for me so I took my courage in both hands and asked about it.

My first experience at college was frightening and it took all my inner strength to actually go into a class full of strangers. I was seated between two gentlemen who were both disabled and in a worse state than me. They started chatting to me and soon we were laughing and joking as if we had known each other all our lives. Eleven years later one gentleman and his wife are my closest friends, the other gentleman and I still keep up correspondence because he went on to work with computers and help others with problems they are experiencing.

I myself have gone on with my education in computing and have gained a qualification in word processing. Now I have registered with a college to do a course in creative writing. I have also become a volunteer with Lead Scotland and hope to try and empower future students to carry on with their education. Just because I no longer have the full use of my legs doesn't mean I am useless. All I would say is that if I can do it anyone can; you just have to speak for yourself. The secret of success is to ask, if you don't ask, you don't get ,and why should we miss out on our right to get a good education.



## **My Personal Statement**

I was 22 when I found out I had epilepsy. Until then, I didn't know what it was, what it meant, what it's impact was.

In short up until then I was 'normal'. Didn't think that anything like disability need affect me. I didn't know how to approach anyone handicapped or anything else at all. I was ashamed of that but kept on telling myself that it was just how I am. Everyone is different.

Little did I know how different I was about to be. To say it was a profound unforgettable moment to be told "you have slight Epilepsy" is an understatement. I didn't know what that meant for me. But within the next 10 yrs I found out more and more and managed to have 3 healthy kids.

Luckily for me, I already had an education at school but realised that in the 10 yrs. of absence from work that the world had evolved and the Computer Age had dawned.

It dawned on me that I was out of step.

So I went to College to do my SVQ in Administration. I was quickly aware that it wouldn't get me back to the job I had but I was also aware that I actually, if I thought about it, didn't want that job because I had changed as well.

What did I want?

I tried volunteering at the Citizens Advice Bureau which was an eye-opening experience.

I tried various job interviews but no success. It started to worry me. A pattern started to emerge. I was failing job interviews for a reason. My memory was failing and so was my confidence.

I got in touch with the Disability Employment Advisor, who put me in touch with Momentum – Rehab (Brain Injury) where I met a lot of interesting people. I thought that it was a 12 week course with almost a guaranteed placement. But I misunderstood or really once I was evaluated things changed. They decided that I "had a lack of empathy", I was upset and had no idea what they meant by that.

I left at the end of the period and went onto do an Accounts Course full-time. It wasn't my ideal course but I thought it would get me back to work. Unfortunately, I think, that the advisor thought that it was part-time and informed the college of that.

Between August and November I went from joining the HNC Course to moving to the Foundation Course to being thrown out of college. I couldn't believe that anyone thought they had the right to disregard me like that, especially when most of it to my knowledge was unfounded.

I went back to Rehab 2 years later, which was probably one of the best decisions I have made. It helped me come to terms with a lot.

I now know that I was a terrible listener, didn't really regard other people as much as I thought I did. It helped me understand who I really am. I would like to think that I am a better person for being epileptic as it has made me more understanding, more empathetic, a much better listener and more observant. I appreciate a lot less, a lot more.

Mostly I have no regrets about my unfinished courses as I have gained from all of them and have a rounded education with or without certificates.

## **My Education Experience (2)**

My name is L, and I live in a large town in the NE of Scotland. I have a disability which means that to get around I need to use a wheelchair and I tire very easily.

Having thought of a College course that I wanted to do, I made an application and was accepted on the course. To say I was delighted would be an understatement. My delight however was short lived. On arrival at the college I discovered my class was upstairs and there was no lift. This was very disappointing, considering I had told the college I was a wheelchair user. My carer went to find the lecturer and explain the situation—she was excellent—she organised for a new room and a desk I could access. She apologised to me for the mix up, explaining that they hadn't actually told her I was a wheelchair user, only that I had a disability, and it was left up to me to tell her of any special requirements I might have at the first class. (That would have been impossible if I had not taken my carer with me to access the lecture room)

Things did improve over time. However, the whole situation was blighted yet again by other students who complained that I was discriminating against them by having the class moved downstairs to the ground floor! They then complained that they were being discriminated against again if I got extra time to do assignments because I had had a bad spell of health as a result of my disability.

This greatly affected both my health and my confidence, but a helping hand from an organisation called Lead Scotland not only restored my confidence, they gave me courage and the impetus to carry on.



## **Useful Links and Contacts**

<http://webarchive.nationalarchives.gov.uk/+http://www.justice.gov.uk/docs/human-rights-act-learning-disabilities.pdf>

[http://www.direct.gov.uk/en/Governmentcitizensandrights/Yourrightsandresponsibilities/DG\\_10014458?cids=Yahoo\\_PPC&cre=Government\\_Citizens\\_Rights](http://www.direct.gov.uk/en/Governmentcitizensandrights/Yourrightsandresponsibilities/DG_10014458?cids=Yahoo_PPC&cre=Government_Citizens_Rights)

<http://www.capability-scotland.org.uk/>

Head Office: Westerlea, 11 Ellersley Road, EDINBURGH EH12 6HY TEL. NO. 0131 337 9876

<http://www.equalityhumanrights.com/>

3 More Riverside, Tooley Street, LONDON SE1 2RG TEL. 0845 604 6610

<http://www.inclusionscotland.org/>

5A Sir James Clark Building, Abbey Mill Business Centre, Seedhill, PAISLEY PA1 1TJ  
TEL. NO. 0141 887 7058

<http://www.rnib.org.uk/aboutus/contactdetails/scotland/Pages/scotland.aspx>

12-14 Hillside Crescent, EDINBURGH EH7 5EA TEL. NO. 0303 123 9999 email :  
helpline@rnib.org.uk

<http://www.skill.org.uk/>

Norton Park, 57 Albion Road, EDINBURGH EH7 5QY FREEPHONE NO. 0800 328 50 50 email:  
[skill@skill.org.uk](mailto:skill@skill.org.uk)

<http://www.saifscotland.org.uk/>

Royal Exchange House, 100 Queen Street, GLASGOW G1 3DN TEL. NO. 0141 226 5261  
email: [info@saifscotland.org.uk](mailto:info@saifscotland.org.uk)

[www.lead.org.uk](http://www.lead.org.uk)

Princes House, 5 Shandwick Place, EDINBURGH EH2 4RG TEL. NO. 0131 228 9441  
email: [enquiries@lead.org.uk](mailto:enquiries@lead.org.uk)

<http://www.abilitynet.org.uk/>

FREEPHONE NO. 0800 269545 email: [enquiries@abilitynet.org.uk](mailto:enquiries@abilitynet.org.uk)

<http://www.assist-it.org.uk/>

52 Priory Road, LINLITHGOW EH49 6BS TEL. NO. 0771 704 2670 email: [info@assist-it.org.uk](mailto:info@assist-it.org.uk)

<http://www.disabledgo.info/>

Ground Floor, Ardent House, Gatesway, STEVENAGE Hertfordshire SG1 3HG  
email: [info@disabledgo.info](mailto:info@disabledgo.info)

<http://oneformat.com/>

email: [info@oneformat.com](mailto:info@oneformat.com)

<http://www.openoffice.org/>

email: [users@openoffice.org](mailto:users@openoffice.org)

<http://www.readplease.com/english/downloads/#rp2003>

email: [Sales5@readplease.com](mailto:Sales5@readplease.com)

<http://www.textrelay.org/>

Text Relay, PO Box 284, LIVERPOOL L69 3UZ FREEPHONE 0800 7311 888

email: [helpline@textrelay.org](mailto:helpline@textrelay.org)

[www.dyslexiaaction.org.uk](http://www.dyslexiaaction.org.uk)

British Dyslexia Association

Head Office, Park House, Wick Road, Egham, SURREY TW20 0HH TEL. NO. 01784 222300

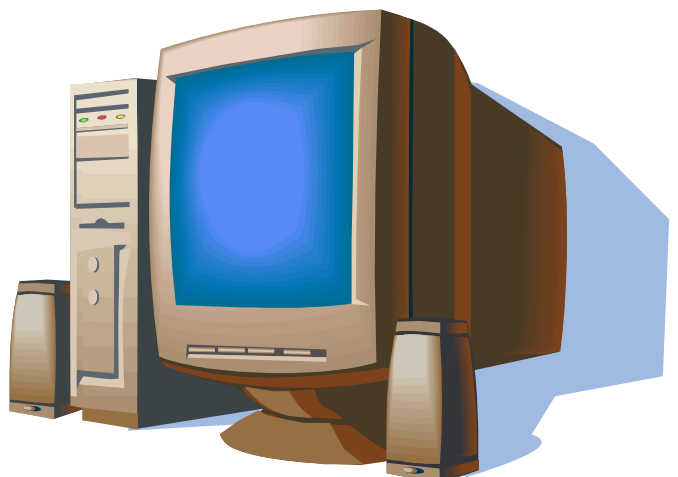
email: [info@dyslexiaaction.org.uk](mailto:info@dyslexiaaction.org.uk)

Sensory Impairment

One-to-One Support Services TEL. NO. 0845 4391182 email:

[info@OnetoOneSupportServices.co.uk](mailto:info@OnetoOneSupportServices.co.uk)

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# BEBS

## Breaking Educational Barriers Group



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**Notes: -**







This leaflet is available on request in  
large print and on CD Rom



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